

# NutriSystem

## Securing e-Commerce at NutriSystem

### Business Challenge

To accommodate a rapidly growing base of satisfied e-Commerce customers, NutriSystem established scalable datacenters capable of processing millions of orders accurately and efficiently. Securing these systems and maintaining the privacy of all of the customers who put their trust in NutriSystem was of the highest importance not only because of the business implications of a security breach, but also because of the personal implications that a breach would have for each customer whose very private weight loss concerns were no longer secure.

As a publicly traded company, NutriSystem also needed to prove to Sarbanes-Oxley (SOX) auditors that they had the security measures in place to protect the integrity of their financial systems. With their business growing rapidly, NutriSystem needed a security solution that would streamline their operational processes, safeguard the privacy of their valued customers and provide reporting for Sarbanes-Oxley compliance.

### Business Solution

After evaluating the top solutions in the market, NutriSystem selected SecureWorks' Managed Firewall, Managed Intrusion Detection and Security Monitoring Services.

SecureWorks' team of trusted security professionals immediately began working with NutriSystem's security team to integrate the Sherlock Security Management Platform with NutriSystem's unique infrastructure.

Within days, SecureWorks began delivering 24x7x365 management and monitoring of NutriSystem's security infrastructure. Using the secure, web-based SecureWorks Client Portal, NutriSystem could see all of their security events and the actions taken by SecureWorks' expert team of SANS GIAC Certified Intrusion Analysts to protect their



#### COMPANY PROFILE

INDUSTRY: e-Commerce

REVENUES: \$504M in 2006

EMPLOYEES: Approx. 600 in 2006

LOCATION: Horsham, PA

#### CHALLENGES

- Protecting customer data and critical e-Commerce systems on a 24x7x365 basis
- Proving compliance with SOX
- Increasing efficiency in operational processes

#### SOLUTION

- Security Monitoring
- Managed Intrusion Detection
- Managed Firewall

"Implementation of their services was absolutely painless," according to Edward Galli, NutriSystem's Director of Networking, "They were able to accommodate any scheduling restraints we had and their services began delivering value as soon as they were turned up."

business critical e-Commerce environment.

SecureWorks' services also streamlined NutriSystem's workflow processes while facilitating compliance activities, allowing their security team to focus on improving security posture instead of compiling audit reports. Taking advantage of the SecureWorks Portal's

robust reporting capabilities, NutriSystem incorporates automated daily reports of security activity into their workflow management processes to more effectively guide day-to-day resource allocation.

"SecureWorks has demonstrated a high level of vigilance, expertise and responsiveness," stated Galli, "As part of our security program, we have third-party consultants perform periodic penetration tests to further validate the security of our environment. These professionals use advanced techniques to evade detection while attempting to find weaknesses in our systems. Within 3 minutes of the first test beginning, SecureWorks identified the consultants' activity and our phones were ringing with their analysts on the other end."

### Conclusion

With SecureWorks managing and monitoring their security infrastructure around the clock, NutriSystem has been able to concentrate their efforts on strategic security initiatives to further safeguard their customers' privacy and ensure the continued success of their business. Since leveraging SecureWorks as a trusted security partner, NutriSystem's security team has also used the reporting tools and information provided by SecureWorks' services to make significant improvements in operational efficiency while demonstrating the effectiveness of their security program to both auditors and management.

"When we were first considering Managed Security Services, I was a bit skeptical about the value any provider would really be able to deliver," said Galli, "After working with SecureWorks first-hand, I can honestly say that they've truly surpassed my expectations and have provided strong value to our enterprise."

### About NutriSystem

NutriSystem, Inc. has been helping America get thin and healthy for the past 30 years by providing a weight loss program based on quality foods and a nutritionally balanced meal plan enhanced by individualized diet counseling. The clear leader of the online weight loss industry, NutriSystem replaces brick-and-mortar weight loss centers and offers people a new and extremely private way to deal with sometimes difficult weight loss issues. NutriSystem brings its quality food and meal programs directly to the doorsteps of over a million consumers, enabling them to easily learn better eating habits and lose weight. For more information, visit [www.nutrisystem.com](http://www.nutrisystem.com).

### About SecureWorks

With over 1,800 clients and 9,000 devices managed and monitored, SecureWorks is the leading Managed Security Services Provider safeguarding more organizations than any other vendor. SecureWorks provides the most effective security services by leveraging our integrated security management platform, advanced security research, and 100% GIAC certified experts.

**SecureWorks®** | the information security experts

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P.O. Box 95007 | Atlanta, GA 30347 | Sales: 877-905-6661 | [www.secureworks.com](http://www.secureworks.com)

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